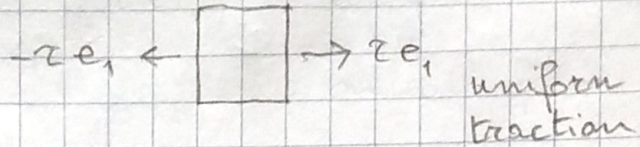


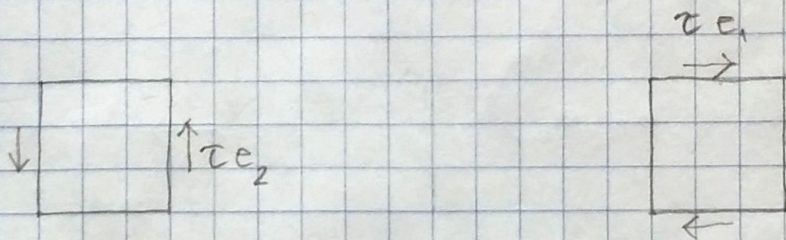
Moment tensor



$$M_{\mathcal{F}_1} = \int_{\mathcal{F}_1} \tau e_1 \otimes \left( \frac{l_1}{2} e_1 - s_2 e_2 + s_3 e_3 \right) dA$$

$$= \int_{\mathcal{F}_1} \tau e_1 \otimes \frac{l_1}{2} e_1 dA + \underbrace{\int_{\mathcal{F}_1} \tau e_1 \otimes (s_2 e_2 + s_3 e_3) dA}_0$$

$$M_{11} = \tau l_1 \int_{\mathcal{F}_1} e_1 \otimes e_1 dA = \tau l_1 A_{\mathcal{F}_1} e_1 \otimes e_1 = \tau V_{\mathcal{R}} e_1 \otimes e_1$$



$$M_{21} = \tau l_1 \int_{\mathcal{F}_1} e_2 \otimes e_1 dA$$

$$= \tau l_1 A_{\mathcal{F}_1} e_2 \otimes e_1 = \tau V_{\mathcal{R}} e_2 \otimes e_1$$

$$M_{12} = \tau l_2 \int_{\mathcal{F}_2} e_1 \otimes e_2 dA$$

$$= \tau l_2 A_{\mathcal{F}_2} e_1 \otimes e_2 = \tau V_{\mathcal{R}} e_1 \otimes e_2$$

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$$M_{21} + M_{12} = \tau V_R (e_2 \otimes e_1 + e_1 \otimes e_2)$$

$$\begin{pmatrix} 0 & 1 & 0 \\ 1 & 0 & 0 \\ 0 & 0 & 0 \end{pmatrix}$$

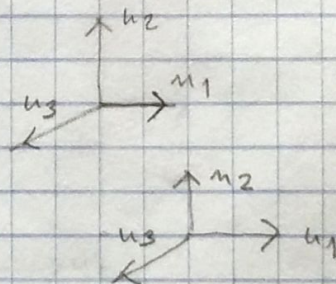
$$M_{21} - M_{12} = \tau V_R (e_2 \otimes e_1 - e_1 \otimes e_2)$$

$$\begin{pmatrix} 0 & -1 & 0 \\ 1 & 0 & 0 \\ 0 & 0 & 0 \end{pmatrix}$$

$$A_{\mathcal{S}_1} = \text{vol}(n_1, u_2, u_3)$$

$$A_{\mathcal{S}_2} = \text{vol}(u_1, n_2, u_3)$$

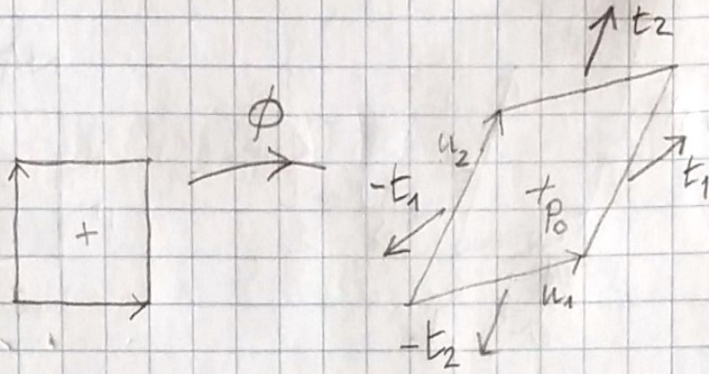
$$A_{\mathcal{S}_3} = \text{vol}(u_1, u_2, n_3)$$



outward unit normal vectors

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$$\begin{aligned} t_1 \otimes (x - p_0) &= t_1 \otimes \left( x - p_0 - \frac{1}{2} u_1 + \frac{1}{2} u_1 \right) \\ &= t_1 \otimes \left( x - \left( p_0 + \frac{1}{2} u_1 \right) \right) + t_1 \otimes \left( \frac{1}{2} u_1 \right) \end{aligned}$$

$$\int_{F_1} t_1 \otimes (x - p_0) dA = \frac{1}{2} t_1 \otimes u_1 \int_{F_1} dA = \frac{1}{2} A_{F_1} t_1 \otimes u_1$$

$$\left( g_{F_1} - \left( p_0 + \frac{1}{2} u_1 \right) \right) = \frac{1}{A_{F_1}} \int_{F_1} \left( x - \left( p_0 + \frac{1}{2} u_1 \right) \right) dA$$

defines the CENTROID  $g_{F_1}$  of the face  $F_1$ . Because the face is a parallelogram its center is exactly  $(p_0 + \frac{1}{2} u_1)$ .

Hence

$$g_{F_1} - \left( p_0 + \frac{1}{2} u_1 \right) = 0$$

$$\frac{1}{2} t_1 \otimes u_1 A_{F_1} - \frac{1}{2} t_1 \otimes u_1 A_{F_1} = t_1 \otimes u_1 A_{F_1}$$

$$M = (t_1 \otimes u_1) A_{F_1} + (t_2 \otimes u_2) A_{F_2} + (t_3 \otimes u_3) A_{F_3}$$



$$M m_1 = A_{F_1} t_1 (u_1 \cdot m_1) + A_{F_2} t_2 (u_2 \cdot m_1) + A_{F_3} t_3 (u_3 \cdot m_1)$$

$$m_1 \cdot u_2 = 0 \quad m_1 \cdot u_3 = 0 \quad m_1 \in \text{span}\{u_2, u_3\}^\perp$$

$$w_1 := u_1 - \underbrace{(u_1 \cdot m_1)}_{h_1} m_1 \Rightarrow w_1 \cdot m_1 = 0$$

$$\Rightarrow w_1 \in \text{span}\{u_2, u_3\}$$

$$u_1 = w_1 + h_1 m_1$$

$$V_{\mathcal{R}} = \text{vol}(u_1, u_2, u_3) = \text{vol}(w_1, u_2, u_3) + h_1 \underbrace{\text{vol}(m_1, u_2, u_3)}_{A_{F_1}}$$

$\downarrow$   
0

$$M m_1 = A_{F_1} t_1 h_1 = V_{\mathcal{R}} t_1$$

$$m_2 \cdot u_3 = 0 \quad m_2 \cdot u_1 = 0 \quad m_2 \in \text{span}\{u_3, u_1\}^\perp$$

$$w_2 := u_2 - \underbrace{(u_2 \cdot m_2)}_{h_2} m_2 \Rightarrow w_2 \cdot m_2 = 0$$

$$\Rightarrow w_2 \in \text{span}\{u_3, u_1\}$$

$$u_2 = w_2 + h_2 m_2$$

$$V_{\mathcal{R}} = \text{vol}(u_1, u_2, u_3) = \text{vol}(u_1, w_2, u_3) + h_2 \underbrace{\text{vol}(u_1, m_2, u_3)}_{A_{F_2}}$$

$$M m_2 = A_{F_2} t_2 (u_2 \cdot m_2) = V_{\mathcal{R}} t_2$$

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